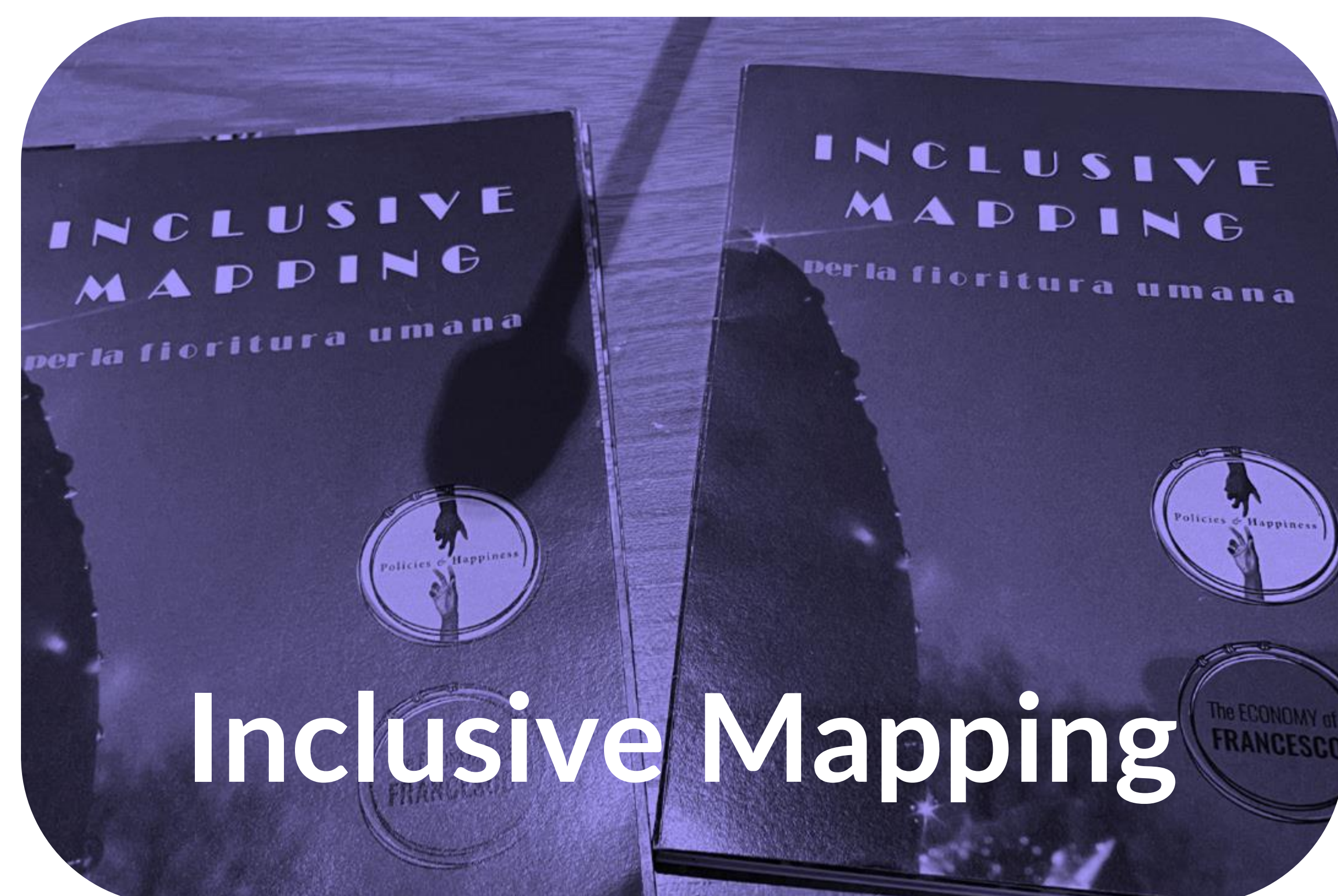# Policies for Happiness

As people, families, communities, and citizens of the world, we know that personal and societal well-being are interconnected. To maximise happiness, policymakers must encourage civil institutions to provide the time and space to build meaningful relationships so that all beings can flourish, dream, and bring joy to each other.

## Inclusive Mapping

Maps are more than tools for showing boundaries and what divides us; they are powerful tools to help people dream up future possibilities. By inviting people to use maps to share stories, reimagine their spaces, and create new connections, mapping becomes a way to bring communities together, celebrate shared values, and showcase what makes each place special.
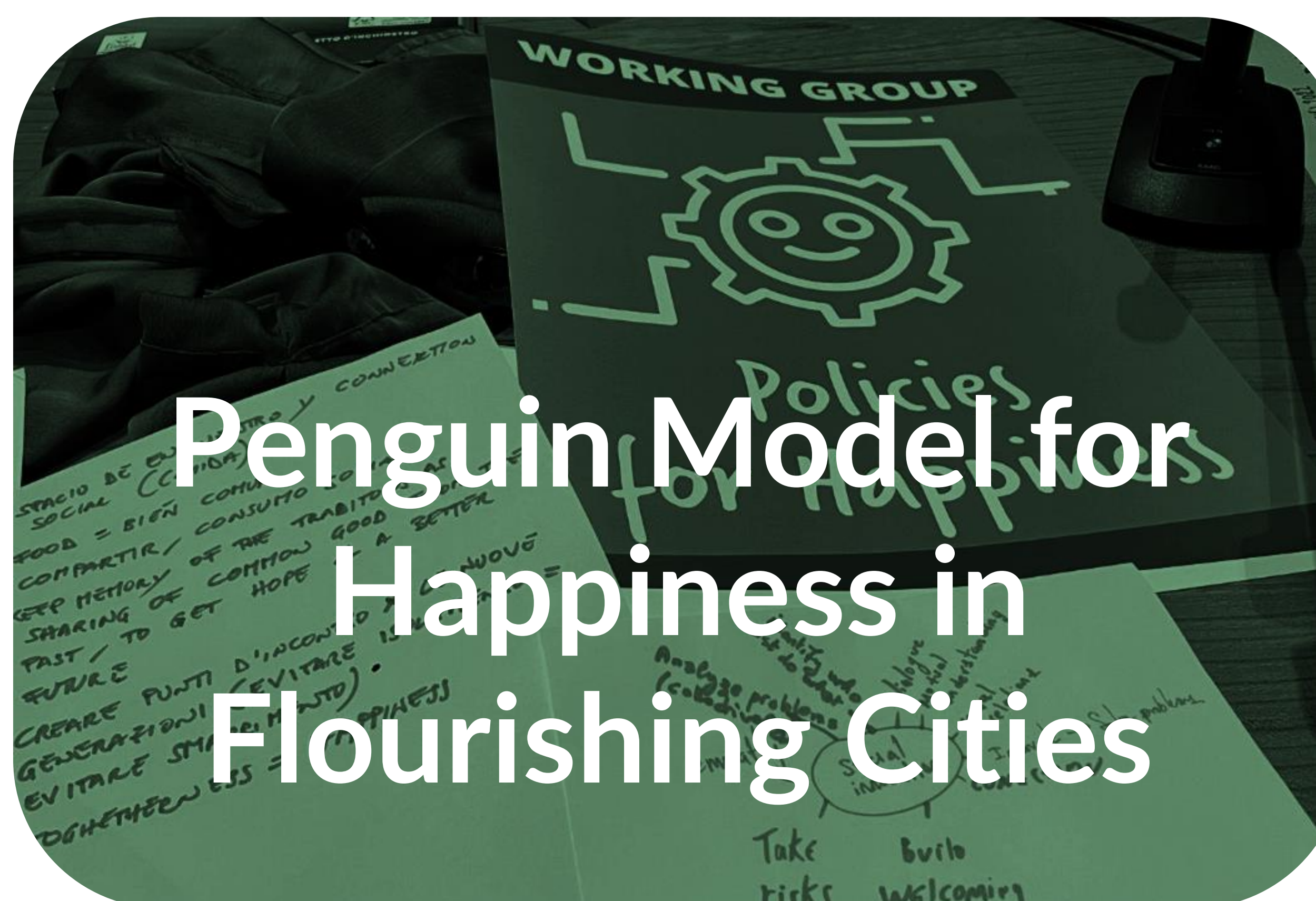
## Penguin Model for Happiness in Flourishing Cities

Too often, the fast-paced, anonymous, and transient nature of urban life has led to rising rates of loneliness and social isolation. Inspired by how penguins live, vibrant small- to medium-sized cities are best placed to support human flourishing and ecological well-being. Sustainable city designs can help people find meaning and live more sustainably together in harmony with nature.

## Children's Flourishing Index

To ensure lasting wellbeing for future generations, policymakers must consider the material and spiritual long-term impacts of their decisions—such as quality of relationships, and environments that foster genuine human connection. By using timely and relevant metrics that emphasise meaningful relationships, inclusive spaces, and opportunities to dream, thoughtful, future-focused policy choices can be made.

Relational Communities | Civil & Ethical Economy | Healthy Lives | Green & Resilient Environments | Food & Shared Table | Learning for Life | Time for Meaning | Beauty & Culture | Intergenerational Justice | Voice & Equality | Happiness & Storytelling | Resilience & Solidarity

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